

## Hygiene professionals in the kitchen?

In a current survey, the BfR takes a closer look at the cooking and hygiene behaviour of the German population.

98%



People do their own cooking with fresh ingredients in 98% of all households – on average five times a week. People even cook every day in one third (34%) of households.

9%

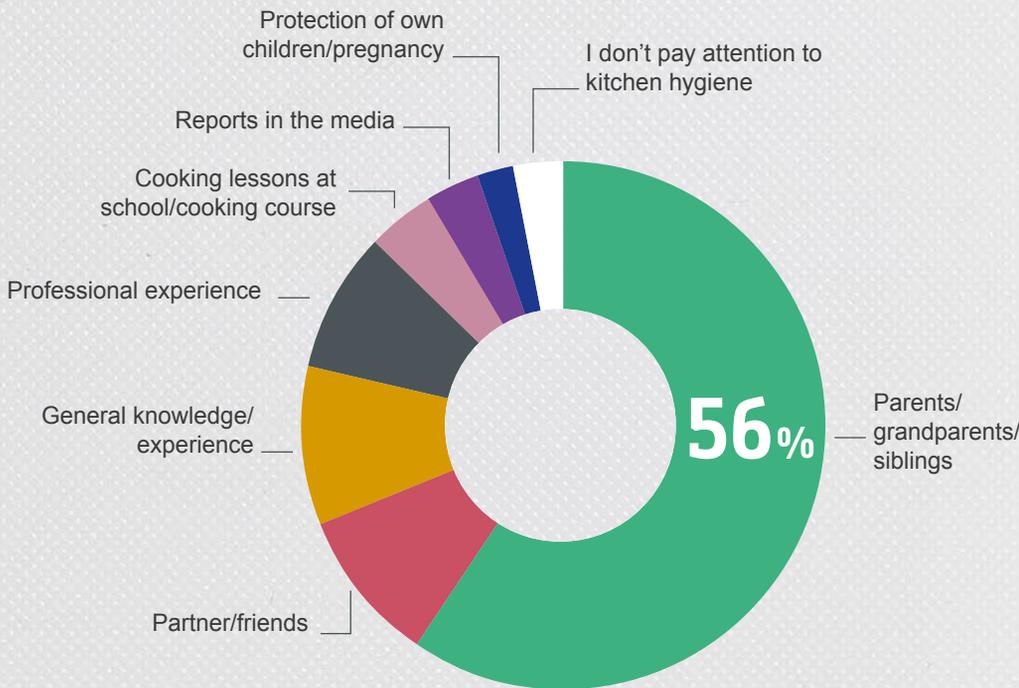


Nine percent of respondents have suffered a food infection at least once. The vast majority suspect an external location, such as a restaurant or canteen, as the source of the infection, whereas 3% believe that they contracted it at home.

### Study details:

Representative telephone survey of 1,003 persons in Germany in the period from January to February 2018

As per self-report, almost three quarters (72%) of all respondents pay strict or very strict attention to hygiene when cooking. Hand washing is regarded as a particularly important measure, especially before beginning preparations.



Social role models, above all in the family, appear to play an important role in hygiene behaviour. When asked who or what had had the greatest influence on hygiene behaviour in the kitchen, more than half of all respondents named family members, followed by other persons from their close social circle.